

30th May 2012



*When Buddy Beat
Met
Drumdee*

Visit to Dundee
By Christine Robertson

Early on 30th May 14 Buddybeaters left Paisley for Dundee. We were due to share drumming experiences with Drumdee – a newer group formed after their Occupational Therapist heard us. Jeanette was an excellent chauffeur with Margaret as support for old hands Hazel, Allan, Anne, Eileen, Jackie, Sarah and Christine whilst Alistair, Mark, Jamie, Lara and Jimmy made their debut. At Stirling we met up with Jane and Francis for coffee.



After lunch with some of the Drumdee group in Dundee we settled down to the real business of the day. Both Jane and the new Drumdee tutor shared ideas with us. Once we learned each other's names through a Boparound and Pass the Beat we had our first real jam – all 25 of us. It was the largest amount of drums we had experienced – Great sound!



Half way through our get together our video 'Journey to Recovery' was shown followed by a Drumdee filming of a gig involving African chanting to a beat. This was new for us and at the second session we too had a go at it. Both groups had learned new rhythms by the time we said our farewells and thanks.

We left about 3.30pm after issuing an invitation to our hosts to join us for a joint gig in September for the annual Mental Health Arts and Film Festival.

A super day was had by all and we have been practising our new chant regularly.

