

18th February 2010
The Highlife Group

Buddy Beat events area bit like waiting for buses- you have nothing for ages and then three come along in the space of 3 days.

Flexi-Care's The Highlife Group is for young adults, living in Renfrewshire aged 18 to 25 year olds who have a learning disability and /or an autism spectrum disorder. The group runs every Thursday evening and Jane went along on February 19th to run another workshop. The Buddy Beat gang were otherwise engaged and unable to attend, except for our Christine who went along and lent her support and Jane said she "did grand!" and that it was a great and very lively group!



Lady Jane

And here are Christine's words on that workshop:-

"Jane and I had a happy time at The Anchor Centre with the Special Needs Youth Club on Thurs 18th Feb '10.

There were about 15 of us including leaders and volunteer students. This was a new venue and situation for me and I was extremely interested in how Jane introduced the drums and percussion to this new audience - especially as we may be taking her role in part, in the future.

We played a few games involving beats and gradually introduced one drum. Even the reluctant participants forgot inhibitions and by the second session were keen for more. My regret was that I only remembered my camera when it was too late. The delight and intensity on most faces is only recorded in my memory. We will be back I gather so forewarned will be forearmed."



Words by Christine Robertson